



Getting the best out of AI

Mark Egan

<https://chatgpt.com/>

firefly.adobe.com

www.canva.com/ai-image-generator/

<https://www.linkedin.com/in/markeganvideo>



Mark Egan



Radiotelevisione
Svizzera



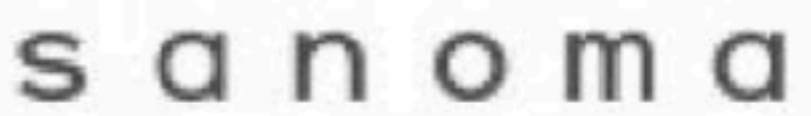
World Health
Organization



European Parliament



PRIME MINISTER'S OFFICE
FINLAND



EUROPEAN HANDBALL
FEDERATION

1. Marine Le Pen, French far-right politician, receives 5-year ban from public office
2. Court imposes 5-year public office prohibition on France's Marine Le Pen
3. French far-right leader Marine Le Pen barred from running for office for five years
4. Le Pen faces 5-year political candidacy ban in France
5. Five-year election ban imposed on French nationalist leader Marine Le Pen

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1. Stock markets worldwide tumble ahead of Trump tariff implementation
2. Global markets drop as Trump's new tariffs loom
3. International stocks fall in anticipation of impending Trump tariffs
4. Markets across globe decline days before Trump's tariff policy begins
5. Global stock markets slide days before Trump tariffs take effect

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Ny eier til eiendommen i Lars Hilles gate i Bergen



Leilighet i Ortuflaten
solgt for 2.380.000
kroner

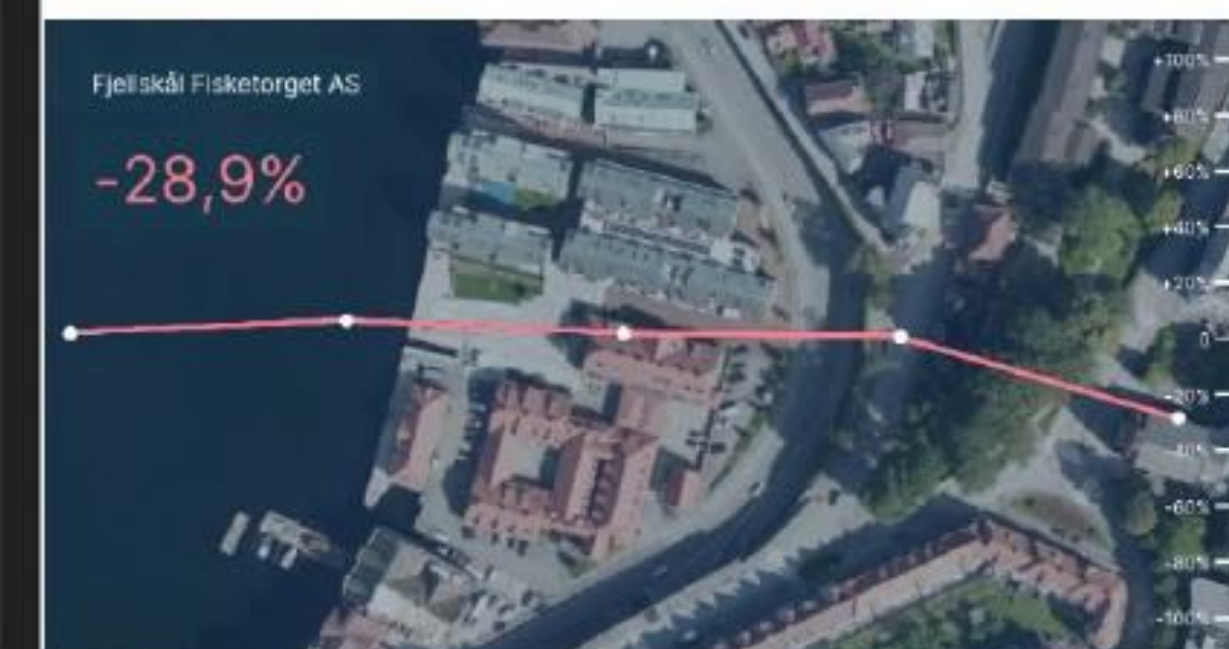


Leilighet i Mjølkeråen
kjøpt for 1.440.000
kroner

The Local Business Robot

Severe revenue shortfall for the famous fish restaurant

Fjellskål on Bryggen is taking a big hit in the corona crisis.



Profitability curve: The illustration shows the operating margin of Fjellskål AS over the past five years. The percentage in the box to the left is last year's margin. The background is aerial photos of the company's address.

Av **BTs Local Business Robot**

Published 20. september 2021





SPFL ICT 0 0 AUFC 45:28

WHAT IS THE SOLUTION?



WHAT IS THE SOLUTION?



 Manus

...

All files in this task

All

Documents

Images

Code files

Links

Earlier

...

todo

16 days ago

...

mayan_civilization_research

16 days ago

...

ancient_egyptian_civilization_research

16 days ago

...

historical_interaction_possibilities

16 days ago

...

narrative_directions

16 days ago

...

creative_inspirations

16 days ago

...

selected_concept

16 days ago

...

preliminary_script_outline

16 days ago

...

final_screenplay_concept

16 days ago

preliminary_script_o...

Preview

Code

PDF

<

>

×

ACT II-A: ADAPTATION

LEARNING CURVE

Both priests begin to navigate their new worlds

SCENE 11: EGYPT - DAY

- K'inich struggles with Egyptian court politics
- Nefertari offers guidance, intrigued by "Amenhotep's" changed perspective
- K'inich begins to appreciate Egyptian knowledge preservation through writing
- He makes his first political misstep, offending an important noble

SCENE 12: MAYAN TERRITORY - DAY

- Amenhotep is forced to participate in a Mayan ball game
- Ix Chel helps him avoid embarrassment, becoming an ally
- Amenhotep is impressed by Mayan astronomical precision
- He inadvertently reveals his ignorance of an important Mayan tradition

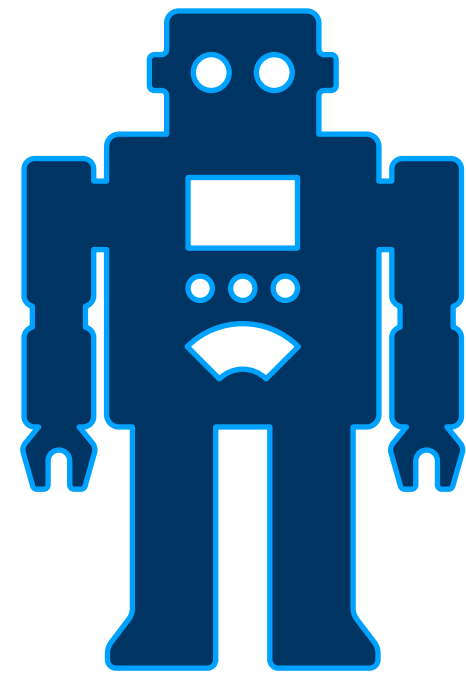
GROWING COMPLICATIONS

Political rivals become suspicious in both worlds

Data analysis



Automation



Personalisation



Multi-modal production



Aftonbladet



The Valkompisen chatbot generated more than 180,000 questions, drove conversions, and provided insights for future election coverage.

2

Spør vår valg-ekspert

KI-Kjetil svarer på alle dine
USA-valg spørsmål

Chat med KI-Kjetil

Advarsel: KI-Kjetil kan gjøre feil.

Norway's biggest daily doubles audio audience with AI-voiced articles

Norwegian daily says text articles read by an AI voice have similar listen rates to its podcasts.

By Aisha Majid


Aftenposten

Nyheter Oslo Meninger A-magasinet Vink E-avis

Bli abonnent

Verden USA

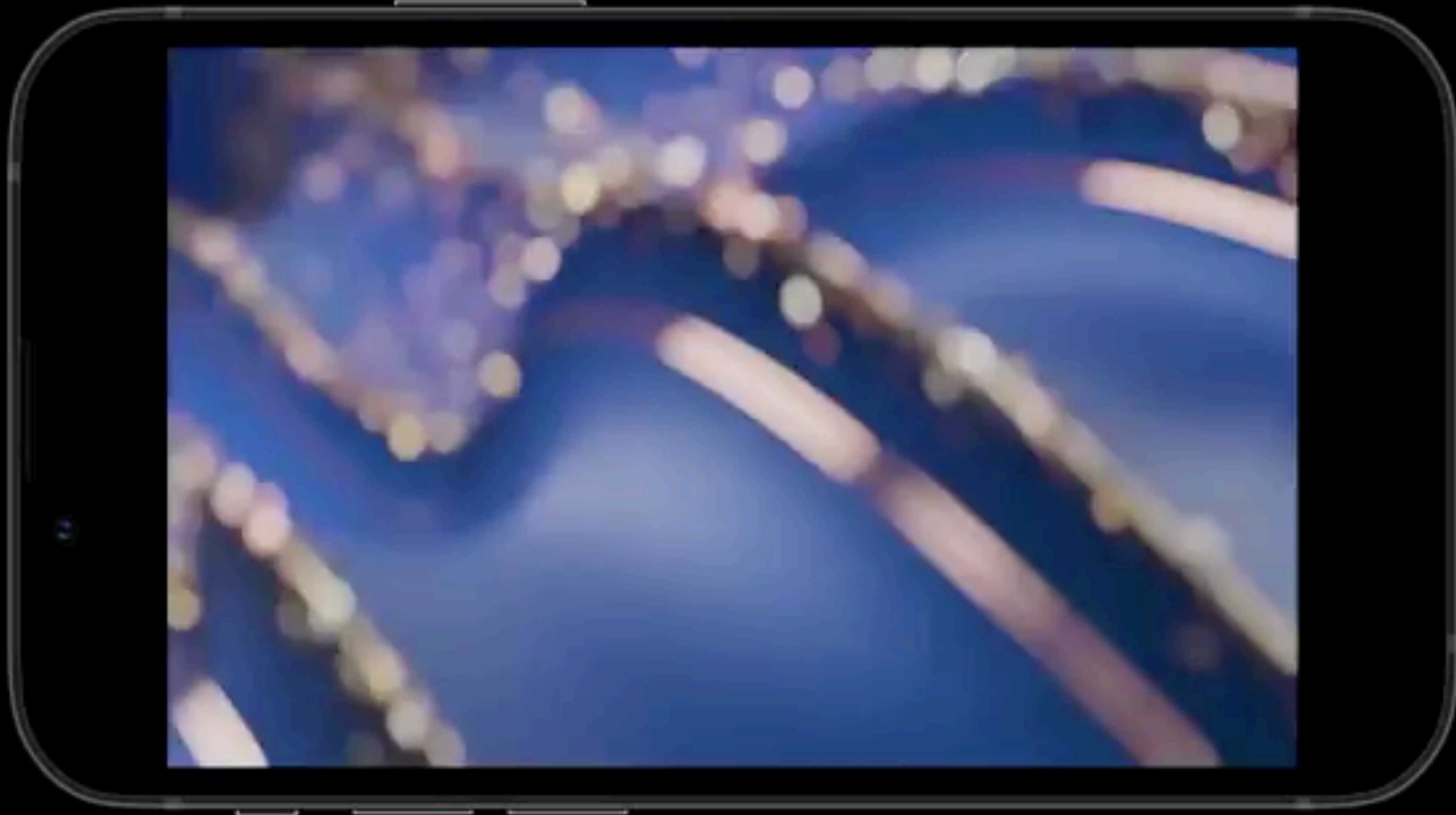
Medier: Trump røpet detaljer om USAs atomubåter til australsk pappdirektør

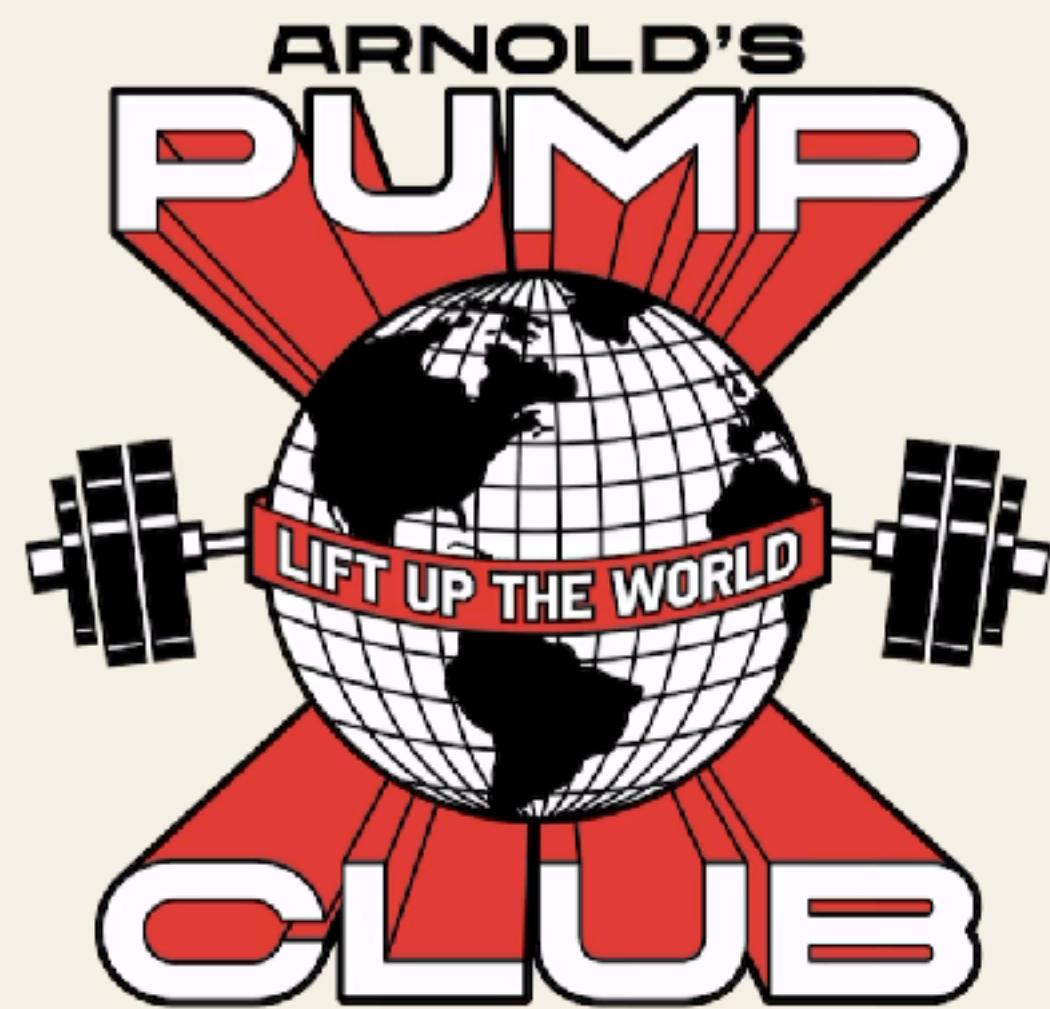
 Lytt til saken • 4 minutter

 1X 

WASHINGTON D.C. (Aftenposten): Et hittil ukjent vitne kan kaste lys over hvordan Donald Trump håndterte USAs hemmeligheter.







18 MARCH 2025

#200: Don't Underestimate The Lo ...

Arnold's Pump Club

0:09 -8:36

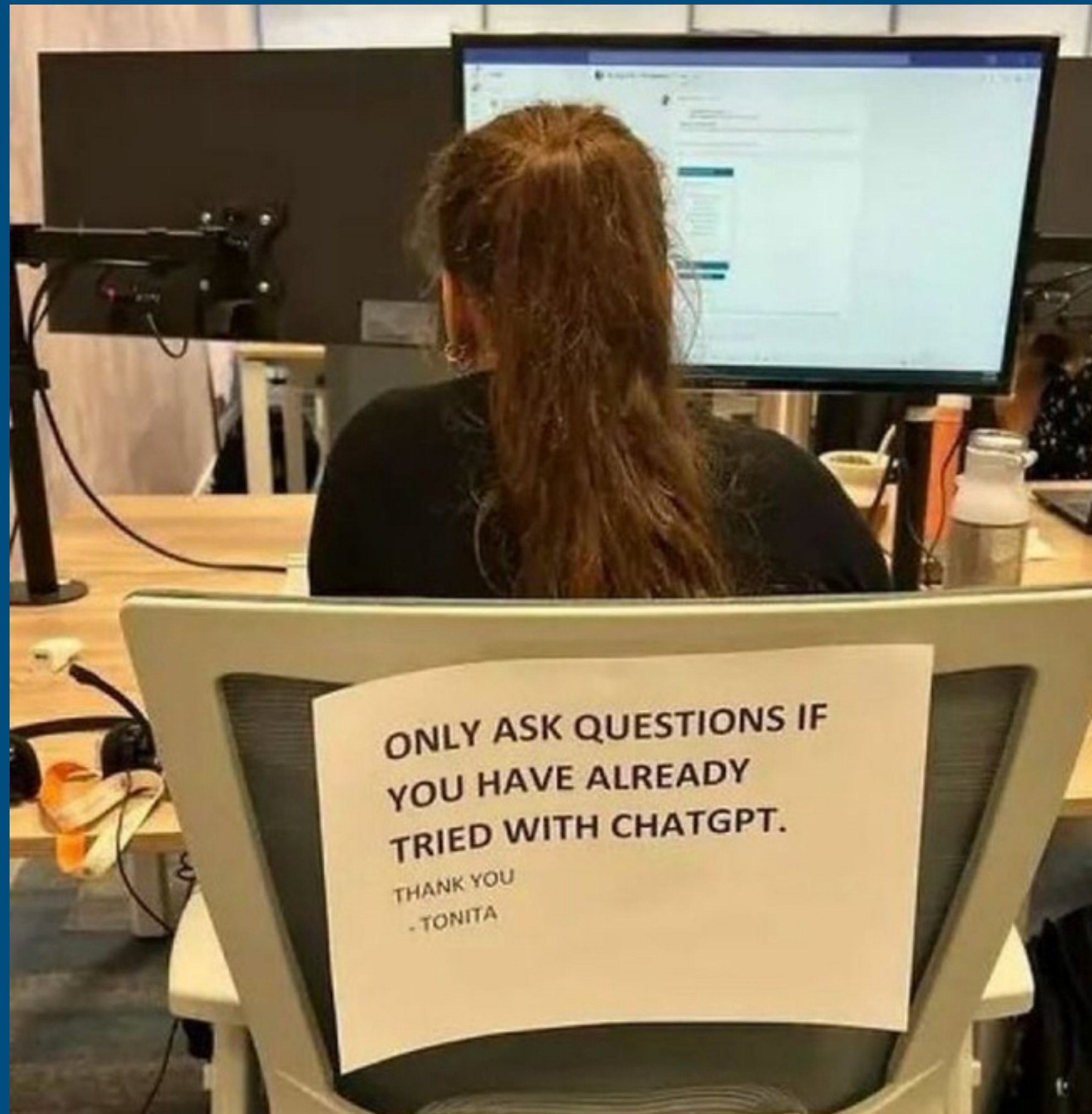
1x 15 30

Speaker icon

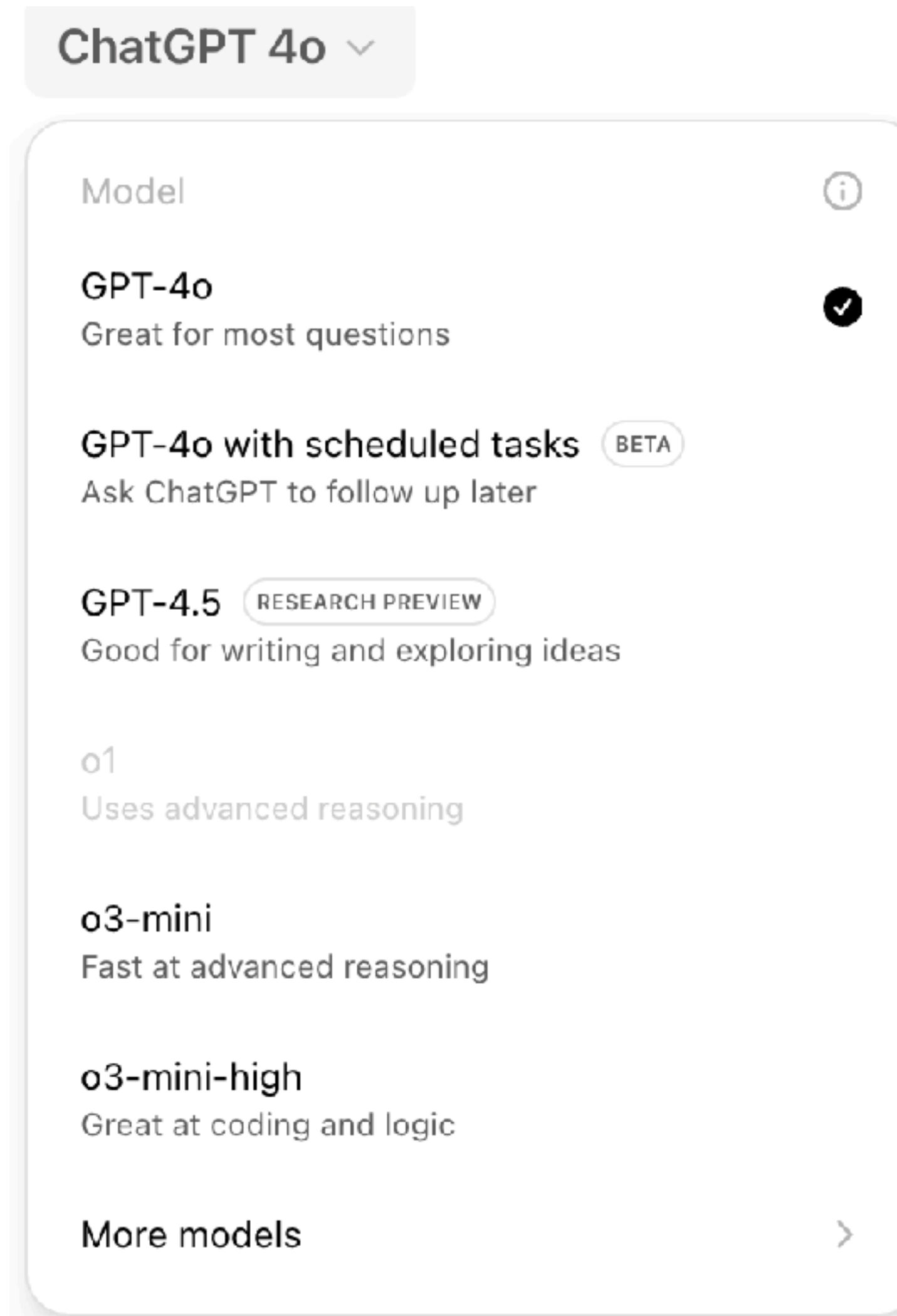
Prompting is to AI age what typing was to the internet age



Large Language Models



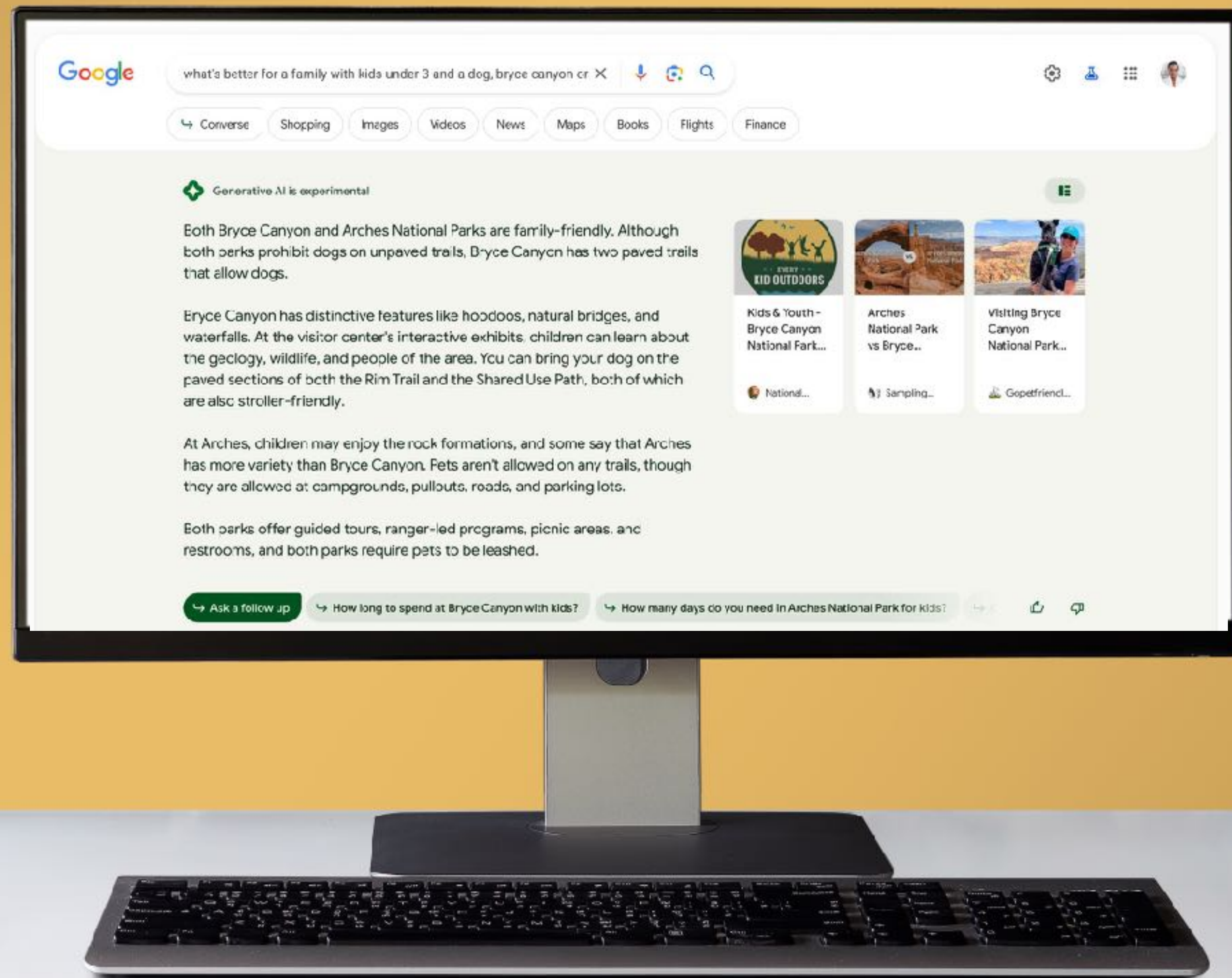
Grok v Gemini v Claude v Copilot





chat.openai.com

Search Generative Experiences (SGE)





Structured data



Text



Voice



3D signals



Images



Training

Large Language Model



Adaptation



Information
extraction



Instruction
following



Object
recognition



Image
captioning



Q&A



Sentiment
analysis

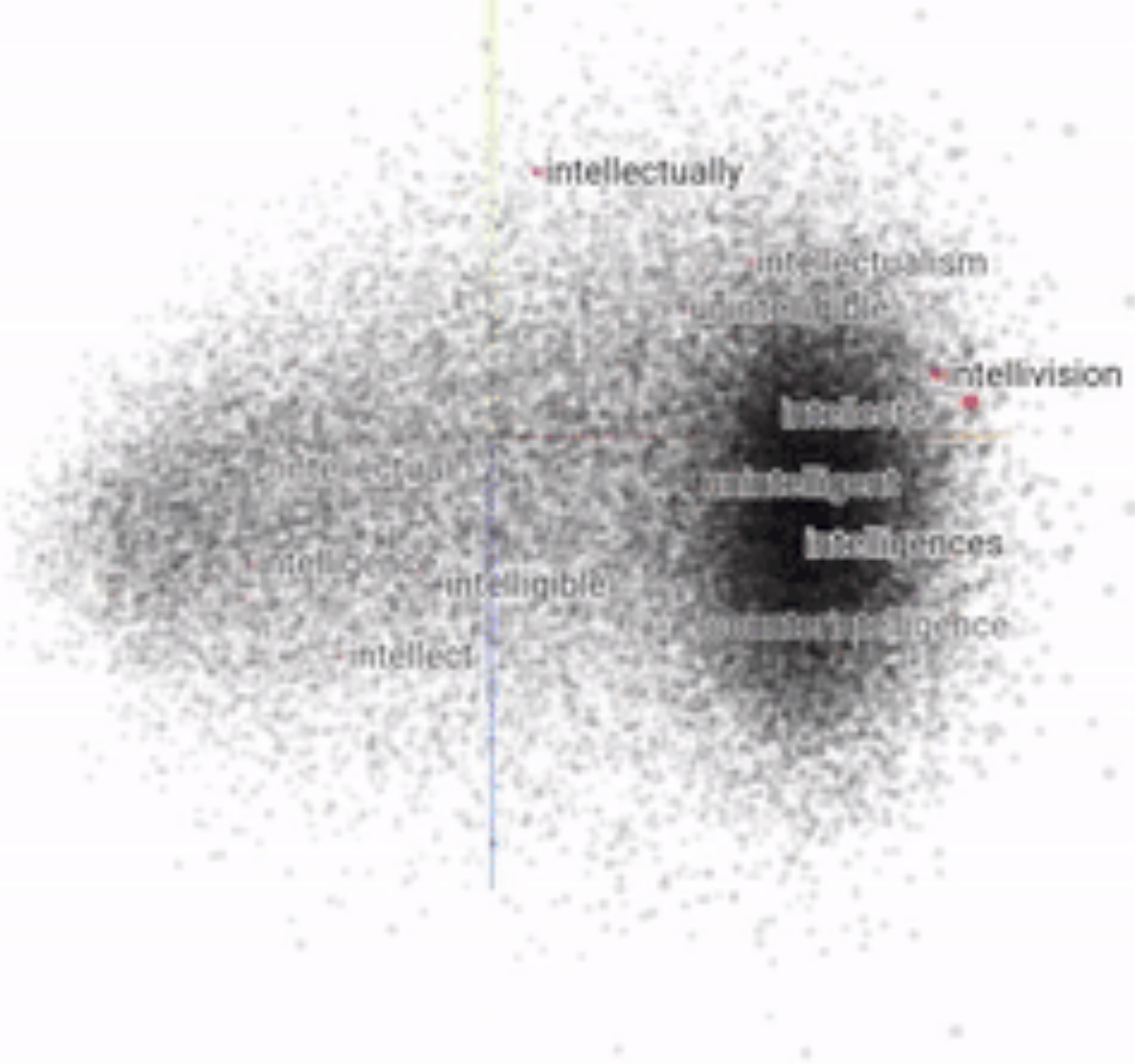
**Large Language Models
use maths to solve
language problems**

... → 768 columns

Word	Dimension 1	Dimension 2	Dimension 3	Dimension 4
the	0.11	0.45	0.11	0.45
snow	-0.45	0.55	-0.45	0.55
right	0.67	0.61	0.67	0.61
car	0.87	0.45	0.17	0.45
left	1.22	-1.11	1.22	-1.11
trunk	1.67	-1.09	0.56	-1.09
snow	0.89	-1.03	0.89	-1.03
board	0.99	0.88	0.99	0.88
hello	-1.42	0.45	-1.42	0.45
world	-1.54	-0.34	-1.54	-0.34
website	0.11	0.01	1.26	0.01



30,522 rows



Intelligent.

intellectualists

Investigations

intellivision

intelligent

intellectualism

intellectually

unterfelligste

intelligence

intelligent size

intelligibility

counterintelligence

unitedagency

Intelligence

intelligently

Intelligence

[intellimouse](#)



It's about predictions and probabilities

Liverpool defender Virgil van Dijk is good at....

Virgil is good at **sport**

Virgil is good at **soccer**

Virgil is good at **salsa dancing**

Virgil is good at **football**

**You want an article about global warming
for your news website:**

Write a prompt for this

A simple prompt structure



ROLE



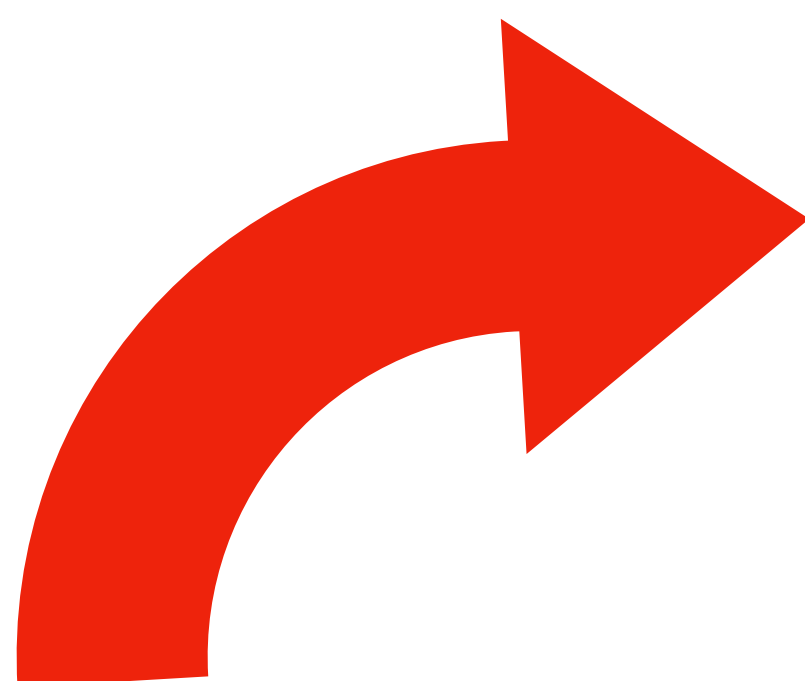
TASK



CONTEXT




FORMAT





 Temporary




 Tasks BETA

 My GPTs

 Customize ChatGPT

 Settings

 Upgrade Plan

 Get ChatGPT search extension

 Log out

Customize ChatGPT

Introduce yourself to get better, more personalized responses ?

What should ChatGPT call you?

Name

What do you do?

Gastroenterologist

What traits should ChatGPT have? i

Describe or select traits

+ Chatty

+ Witty

+ Straight shooting

+ Encouraging

+ Gen Z

+ Skeptical

+ Traditional

+ Forward thinking

+ Poetic



Enable for new chats

Cancel

Save

+ Chatty

+ Witty

+ Straight shooting

+ Encouraging

+ Gen Z

+ Skeptical

+ Traditional

+ Forward thinking

+ Poetic



Anything else ChatGPT should know about you? ⓘ

Interests, values, or preferences to keep in mind

Advanced ▼



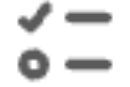
Enable for new chats


Cancel

Save

 Temporary





 Tasks BETA

 My GPTs

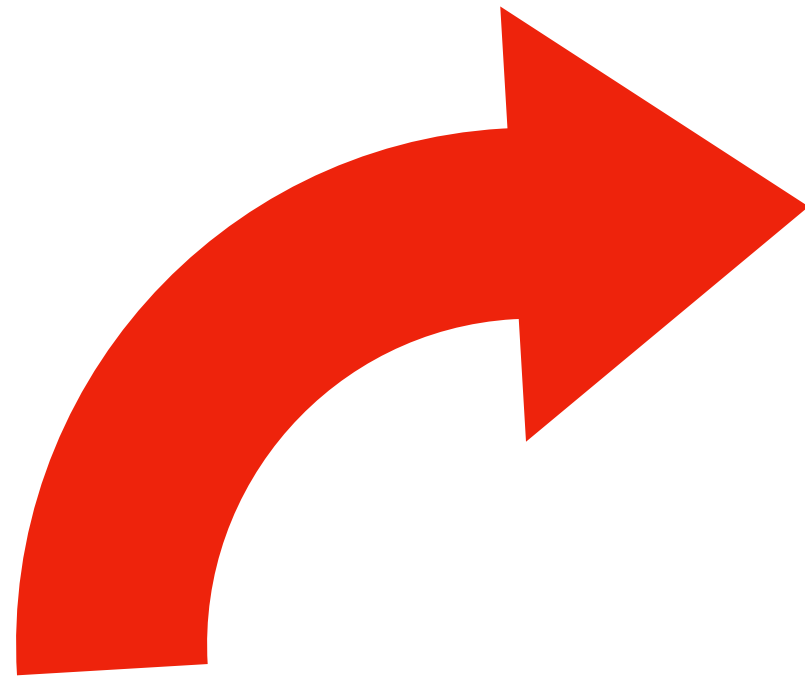
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Settings




 General

Improve the model for everyone

Off >

 Notifications

 Personalization


Shared links

Manage

 Speech


Export data

Export

 Data controls

Delete account

Delete

 Builder profile

 Connected apps

 Security

 Subscription

Aftonbladet “buffet” for journalists

Välkommen till AI-buffén!

AI-buffén består av verktyg som är skapade som hjälpmedel och assistenter för Aftonbladets medarbetare. Alla verktyg bygger på OpenAI (alltså ChatGPT) men är promptade för att möta våra behov i det dagliga arbetet. Verktygen är olika bra för olika typer av ärenden och behöver ibland finslipas av dig som journalist och alltid dubbelkollas. Tänk på att aldrig lägga in känsliga uppgifter

[Läs Aftonbladets AI policy](#)
[Läs mer om verktygen här](#)

Verktygslådan

Spånaren→

Få fem förslag på uppföljningar på din - eller någon annans artikel

SEO-titlar→

Klistra in en länk från Aftonbladet, Godare eller Livsstils artikel

SEO Superoptimeraren→

Lägg in en länk till en artikel och kontrollera hur väl den är SEO-optimerad. Få inspiration till förbättringar

Konvertera bild till text→

Förklara vad som finns på bilden, du kan lägga till sammanhanget och definiera vad du förväntar dig att extrahera från bilden

Sammanfattaren→

Få en summering av en längre text

TikTok-manus→

Skapa korta manus för sociala medier

Översättaren→

Lägg in en länk till en artikel eller klistra in text och få den översatt till svenska

GPT-assistenter

5-punktsgenerator

Sammanfatta valfri nyhetshändelse i vårt format 5 punkter

AB Chatta med en PDF

Ladda upp en pdf och ställ dina frågor. Tänk på att inte ladda upp känslig information.

Mellanrubrik-makare

Klistra in din text - så skapar jag intresseväckande mellanrubriker

Världens nyhetssajter

Skriv bara ett land eller en stad och låt Chat GPT lösa resten

AI-etik för Aftonbladet

Fråga vad du får och inte får göra / Ask what you are allowed to do

Rubbe namn och nedryck

Skapar rubriker namn och sammanfattningar för podcaster

Manus till sociala klipp

Nyhetsjournalist skapar videomanus med fyra meningar på svenska

Ungaassistenten

Skapar faktarutor tidslinjer & Q&A för unga läsare

Kompisläsaren

Hjälper dig granska texter enligt Aftonbladets och TT:s skrivregler

Säljsidor

Jag gör säljsidor för Aftonbladet

Tidslinjemakaren

Gör en tidslinje över valfri nyhetshändelse

YleGPT

EXPERIMENT

Chat with Open AI AI models. Artificial intelligence can produce believable but still completely fabricated information.

+ New conversation

My conversations

- Summary of article comments
30.11.2023
- Script for video instructions
28.11.2023
- Summaries of readers' messages
24.11.2023
- Summaries of readers' messages
24.11.2023
- Analysis of the Havintoaavi discussion

Shared conversations

- You are an experienced future work professional
ari.merkku@yle.fi 15.12.2023
- You are part of the development that Yle's elec...
teemu.kammonen@yle.fi 15.12.2023
- Multilingual children as user personas
hanna.lus@yle.fi 15.12.2023
- Spec benchmark 2
hanna.lus@yle.fi 15.12.2023
- The spec benchmark
hanna.lus@yle.fi 15.12.2023

Summaries of readers' messages

24.11.2023

Share the conversation

Settings

Readers' opinions and findings summarized here as a bullet point list:

- Many readers plan to heat the sauna for several hours and charge electric cars and other devices.
- Raising the temperature of the home and using underfloor heating are popular actions during negative electricity prices.
- Laundry, dishwashing and cooking are postponed to a day when electricity is cheap or free.
- Some readers intend to maximize electricity consumption, for example by turning on all possible heaters and lights.
- The environmental aspect arouses conflicting opinions: some see the efficient use of electricity as a greener option, while others are worried about climate effects.
- A few readers express their frustration with the electricity market situation and electricity price fluctuations.
- The negative price of electricity is seen as an opportunity to save on electricity bills, but there is also criticism of the possible consequences of wasting electricity.
- Some readers have decided not to change their electricity consumption or operate as usual because their electricity contract is fixed-price or otherwise does not encourage them to react to price changes.

The summary reflects a wide range of consumers' reactions and plans regarding the day when the stock price of electricity is exceptionally negative.

send a message

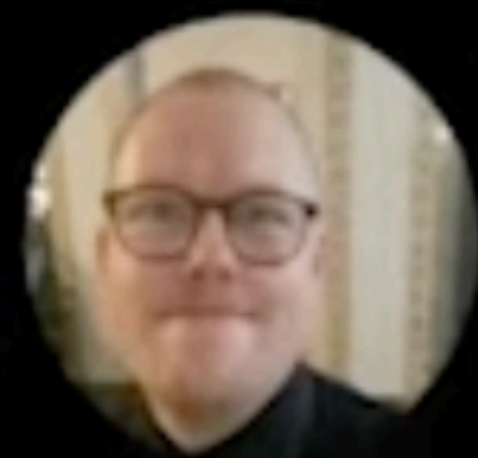


YleGPT – the ways our journalists are using AI to assist them



Teemu Kammonen,
Regional journalist

You are an experienced journalist. You write summaries of messages sent to the editor by readers. Today's topic is the negative price of electricity on the stock market, and in your summary you bring out the different opinions and observations of the readers on the topic.



Markus Virtanen,
Music journalist

I'm preparing a 44-minute classical music radio show. The program will play pieces of music lasting from 3 to 6 minutes, nothing too modern, ear candy! I plan to play at least the following composers' works: Agnes Tschetschulin: Valse gracieuse, Emmy Lindström: Song about Em

What other pieces could I play on the program?



Henna-Leena Kallio, Lulu Salmi
PuppyLive

You are an experienced audience researcher. Analyze the CSV-data and summarize it to bullet points. Classify the material you received into positive, negative and constructive feedback. Identify how many times the most popular themes were repeated in the material.

User

Admin

Texte generieren

Mein Verlauf

Postings

Transkribieren

Audio generieren

Audio verbessern

Video Intelligence

Bilder generieren

Übersetzen

Chatten

Assistenten **NEU**

Was ist neu?

ORF (Global)

Teaser

Die Arlbergpassstraße zwischen Vorarlberg und Tirol ist weiterhin gesperrt.

title

Das ist eine Headline

Link

<https://orf.at/stories/3366890/>

Hashtags

#Unwetter #Arlbergpassstraße

Post

Die Arlbergpassstraße ist nach den jüngsten Unwettern weiterhin gesperrt. Die Aufräumarbeiten sind im Gange und die Situation wird täglich neu bewertet. Der Arlbergtunnel ist ebenfalls wegen Sanierungsarbeiten gesperrt. Bleibt sicher und beachtet die Straßenwarnungen. 🚧🚧🚧

Headline

Nach Unwettern: Arlbergpass bleibt gesperrt

Teasertext

Aufgrund der jüngsten Unwetter bleibt die Arlbergpassstraße zwischen Vorarlberg und Tirol vorerst gesperrt. Die Aufräumarbeiten sind weiterhin im Gange und die Situation wird täglich neu bewertet. Der Arlbergtunnel ist ebenfalls wegen Sanierungsarbeiten gesperrt, was die Situation weiter erschwert. 🚧🚧🚧

Bild



Veröffentlichen

Unwettern weiterhin gesperrt. Die Aufräumarbeiten sind im Gange und die Situation wird täglich neu bewertet. Der Arlbergtunnel ist ebenfalls wegen Sanierungsarbeiten gesperrt. Bleibt sicher und beachtet die Straßenwarnungen. 🚧🚧🚧

#Unwetter #Arlbergpassstraße

<https://orf.at/stories/3366890/>

Nach Unwettern: Arlbergpass bleibt gesperrt

Aufgrund der jüngsten Unwetter bleibt die Arlbergpassstraße zwischen Vorarlberg und Tirol vorerst gesperrt. Die Aufräumarbeiten sind weiterhin im Gange und die Situation wird täglich neu bewertet. Der Arlbergtunnel ist ebenfalls wegen Sanierungsarbeiten gesperrt, was die Situation weiter erschwert. 🚧🚧🚧 **ZIB**

926

13 Mal geteilt

USE CASES

01

IDEA GENERATION

Brainstorming ideas and strategies

RESEARCH

Early research on historical events

02

03

DRAFTING QUESTIONS

Suggesting fresh angles and expected responses

FIRST DRAFTS

Creating simple first versions scripts or articles

04

05

FEEDBACK

Ask for suggested improvements

SUGGESTIONS

Suggestions for headlines, SEO or social media captions

06

Some general tips...

A woman with glasses and a white shirt with a dark apron is smiling and handing a brown paper bag to a customer. The customer is wearing a blue sweater and has their back to the camera. The scene is set in what appears to be a cafe or a shop, with shelves and other items visible in the background. The entire image has a blue tint.

Be specific: prompting AI is a communication skill

A hairdresser with short brown hair, wearing a white shirt and a black apron, is styling a client's long, dark, braided hair. The hairdresser is holding a spray bottle and applying product to the hair. The client is sitting in a chair, facing away from the camera. The background shows a hair salon with shelves of hair products and a mirror. The entire image has a blue overlay.

Give examples

A hand holding a pen points at a computer screen displaying financial data. The screen shows a table with columns for 'Symbol', 'Price', 'Volume', and 'Market Cap'. The text 'Chunk big jobs into steps' is overlaid on the image in a large, white, sans-serif font. The background is a blurred office setting with a desk, a small potted plant, and a white box.

Chunk big jobs into steps

A blue-tinted photograph of an elderly man with a white beard and glasses, holding a book, standing in front of a chalkboard. The text "Ask for references or degree of confidence" is overlaid in white.

**Ask for references or
degree of confidence**

Ask clarifying questions

You are a journalist in croatia writing for an English-speaking news website. Your task is to write a 150 word article about how Croatia gained independence. This is aimed at teenagers as part of series of articles about the history of Croatia, so needs to be informal. The format should be easy to scan with bullet points and headings with short paragraphs. Now ask me any questions you need to ask me to make this article as good as it can be.



ChatGPT can make mistakes. Consider checking important information.

15. **Quick DIY Tip:**

"Transform your [something] with this quick and easy DIY tip. Ready to get creative?"

16. **Exclusive Preview:**

"Get an exclusive sneak peek into [upcoming project or content]. Spoiler alert: It's epic!"

17. **Contrarian Statement:**

"Forget everything you thought you knew about [topic]. I'm here to challenge your perspective!"

18. **Interactive Question:**

"Ever found yourself wondering [question]? Comment below with your thoughts!"

19. **Celebration Announcement:**

"Today calls for a celebration! Find out why this is a milestone moment for me."

20. **Relatable Scenario:**

"Raise your hand if you've ever experienced [common situation]. Let's laugh about it together!"

Remember to keep your hooks concise, engaging, and true to your personal style.

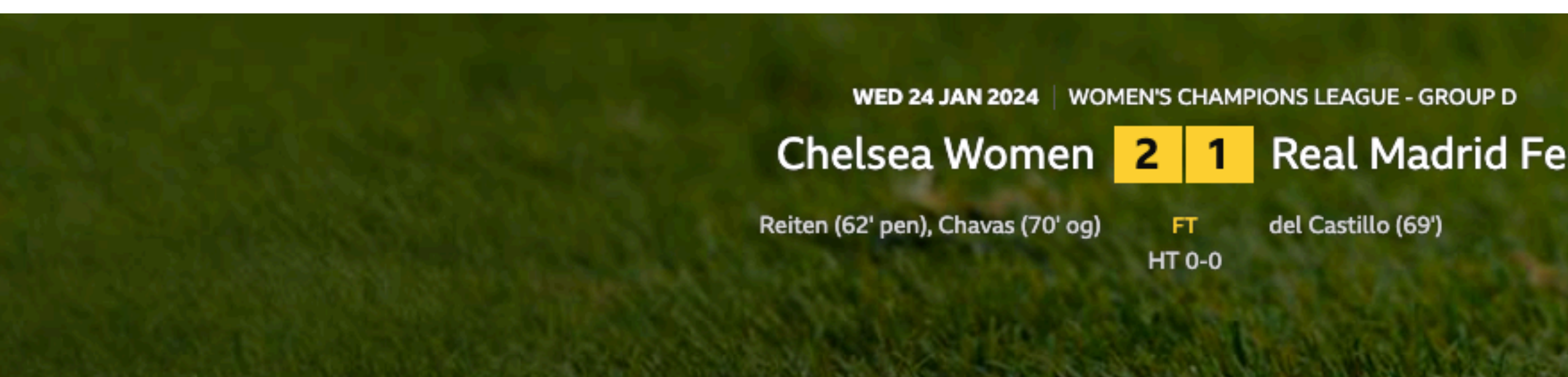
Experiment with different approaches to see what resonates best with your audience.



You are a journalist in croatia writing for an English-speaking news website. Your task is to write a 150 word article about how Croatia gained independence. This is aimed at teenagers as part of series of articles about the history of Croatia, so needs to be informal. The format should be easy to scan with bullet points and headings with short paragraphs. Now ask me any questions you need to ask me to make this article as good as it can be.

Send message





By Emma Sanders
BBC Sport at Stamford Bridge

🕒 24 January 2024 | Women's Football | 💬 50



Chelsea drew 2-2 in Madrid in November after some controversial refereeing decisions went against the Blues

Chelsea are through to the quarter-finals of the Women's Champions League as group winners after grinding out a 2-1 victory over Real Madrid at Stamford Bridge.

of Erin Cuthbert and the deflected goal.

1. Include Post-Match Quotes:

- Incorporate quotes from the coach, Emma Hayes, or players to add depth to the article. Their insights and reactions can provide readers with a sense of the team's emotions and aspirations for the tournament.

2. Highlight the Group Dynamic:

- Mention the significance of an earlier goalless draw between BK Hacken and Paris FC, which affected Chelsea's path to the quarter-finals. Explain how Chelsea's victory over Real Madrid was crucial in securing their group winners' status.

3. Discuss Chelsea's Ambitions:

- Expand on Chelsea's aspirations in the Women's Champions League, particularly mentioning their desire to win the title in Emma Hayes' final season. Include some statistics or historical context about their past performances in the tournament.

4. Improve Flow:

- Consider reorganizing some sentences or paragraphs to create a smoother and more engaging flow for the readers.

Revised Introduction:

Chelsea Women's quest for European glory took a significant step forward as they emerged victorious in a thrilling encounter against Real Madrid at Stamford Bridge, securing their spot in the quarter-finals of the Women's Champions League as group winners. In a match marked by dramatic twists, three crucial goals in an eight-minute



**Create a prompt that would give feedback
on something your staff write on a regular
basis eg. Articles, proposals**

AI Images

firefly.adobe.com

<https://www.canva.com/ai-image-generator/>



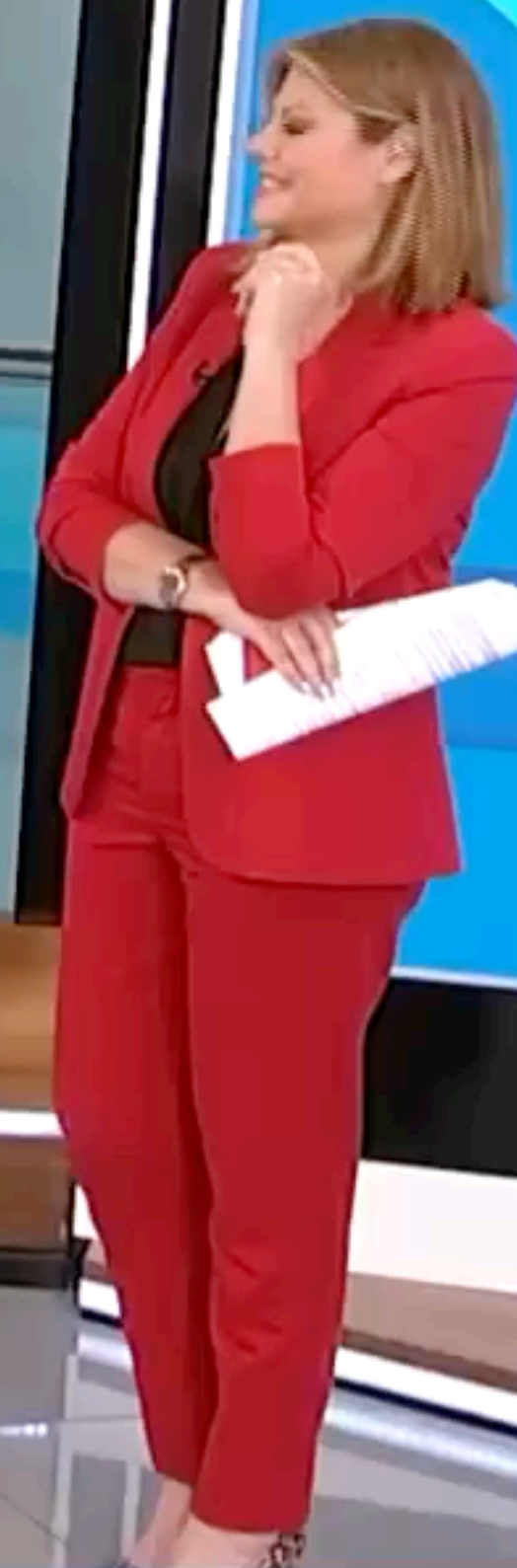
Nick Savage · [Follow](#)

1 d · 🌐



If Titanic was realistic 😂





EPT NEWS



ΣΥΝΔΕΣΕΙΣ

ΤΟ ΡΑΔΙΟΜΕΓΑΡΟ ΑΝΟΙΞΕ ΤΙΣ ΠΥΛΕΣ ΤΟΥ Ο «ΕΡΜΗΣ»
ΠΡΟΪΟΝ ΤΕΧΝΗΤΗΣ ΝΟΗΜΟΣΥΝΗΣ ΣΤΗΝ ΕΠΙΣΗΜΗ ΠΑΡΟΥΣΙΑΣΗ ΤΟΥ ΕΡΤNEWS

@SindesisERT

f SindesisERT

Sindesis@ert.gr

09:06

The Year is 1917, Lets
Tour the Trenches



**POV: You Wake Up In 1351
During The Black Plague**





DICHAYCAR

RENG MCONA

DUMRIL A NGVING
1983
RUNWAY GEN-4
1983



HOW TO SELL A WAR

STORY | DANYLO HAWALESHKA

ART DIRECTION | YOUSEF ABDEL NABI

ARTWORK | MIDJOURNEY AI

What can I help with?

Create an image of a car driving through a city

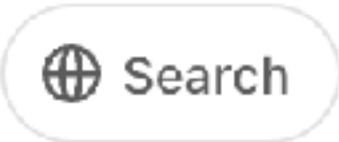


Image created



create an image of an expensive black car in the 1950s driving at night down a wet, ominous street in Vienna|



Search



Deep research





create an image of an expensive black car in the 1950s driving during the day down a bright, colourful summer street in Vienna |



Search




Deep research





Generate images, audio, and now — video.


Explore new ways to create


 Image




Describe the image you want to generate


 **Generate**

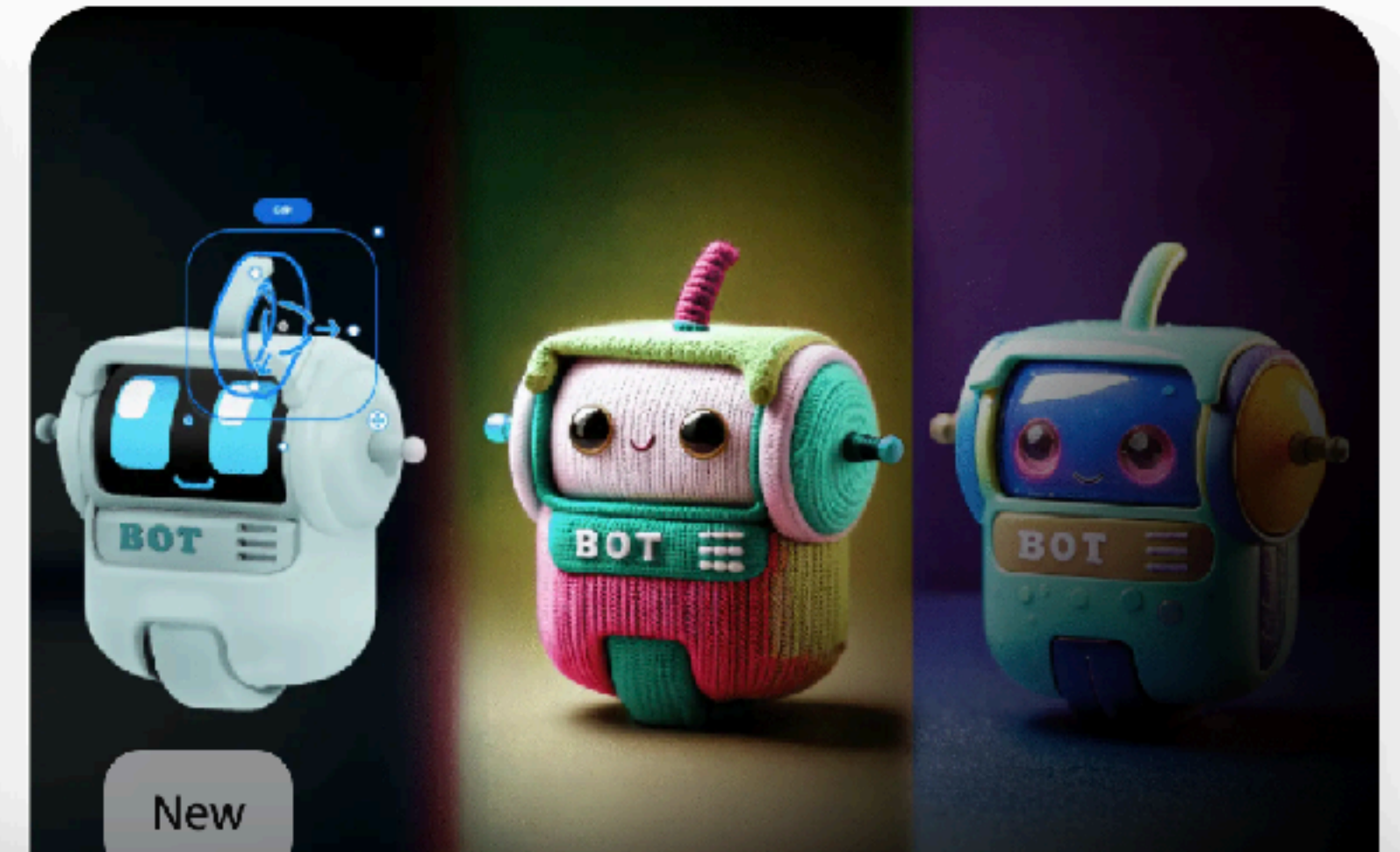
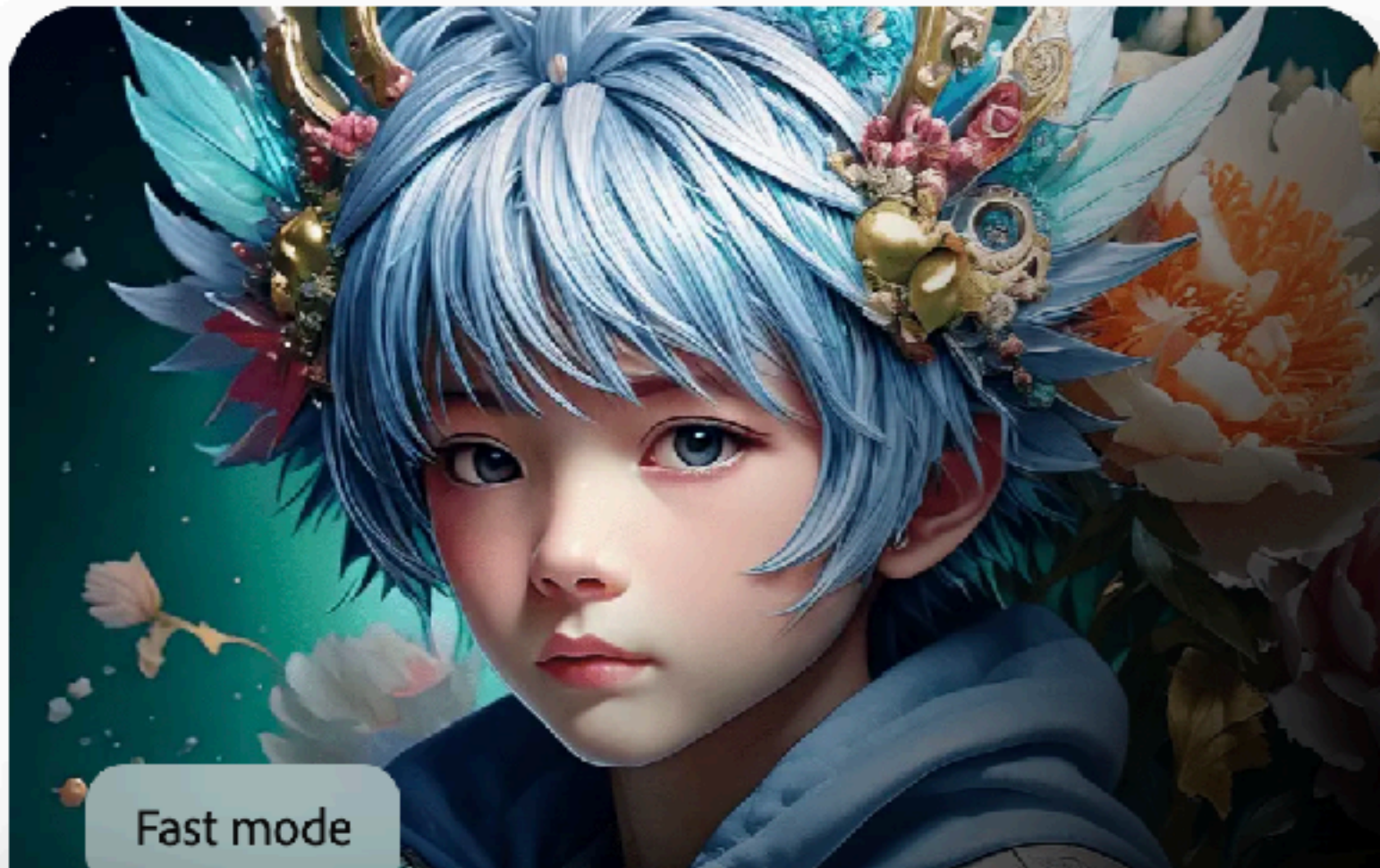
 Featured

 **Image**

 Video

 Audio

 Vector





Prompt

young swiss man walking in the mountains in a cinematic ominous scene from a movie

Clear styles



Bokeh effect x



Painting x



Suggestions



Refresh

Effects

All

Popular

Movements

Themes

Techniques

Effects

Materials

Concepts



Bokeh effect



Layered paper



Synthwave



Painting

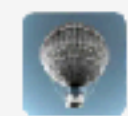


Digital art



Hyper realistic

Color and tone



None



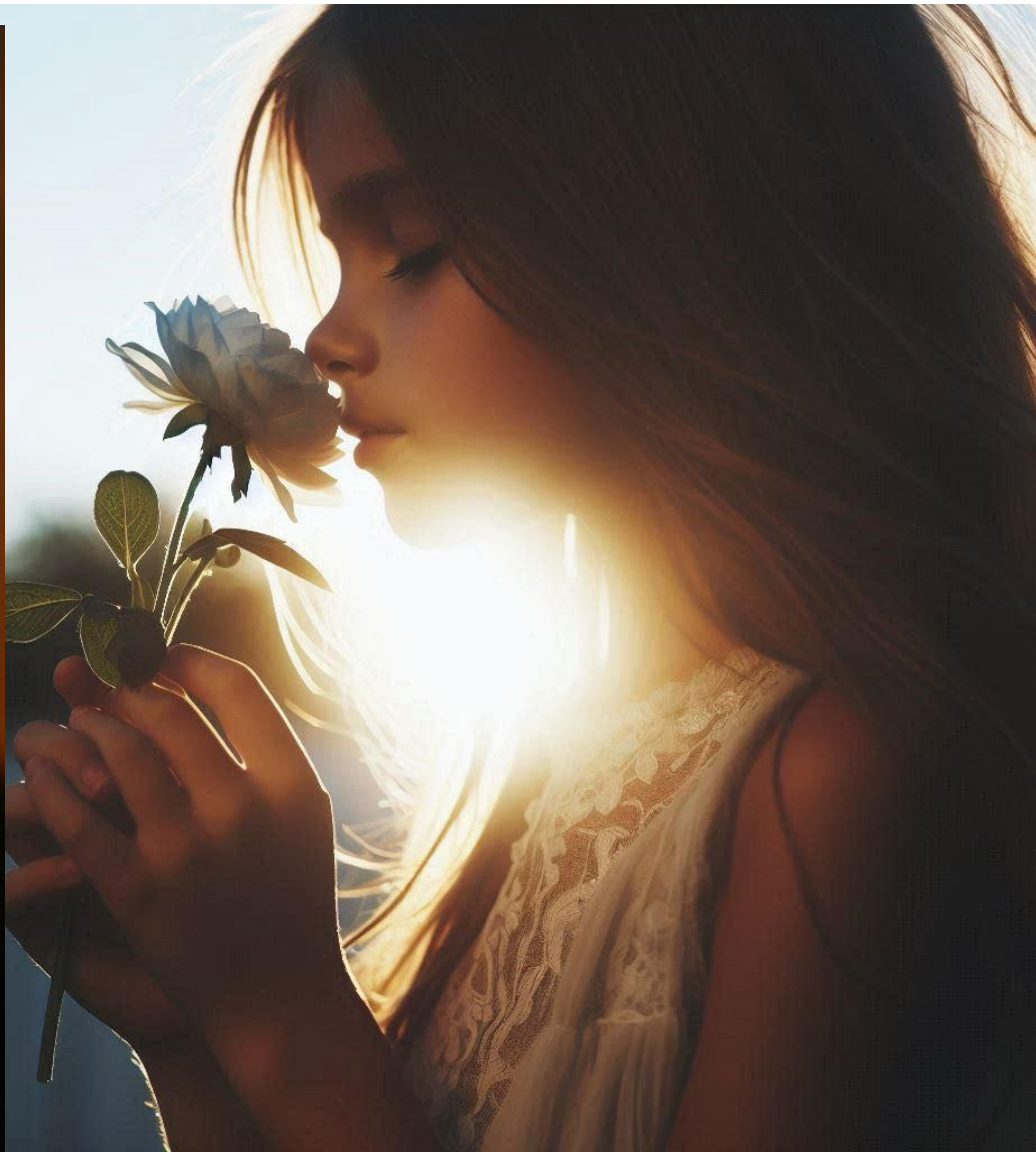
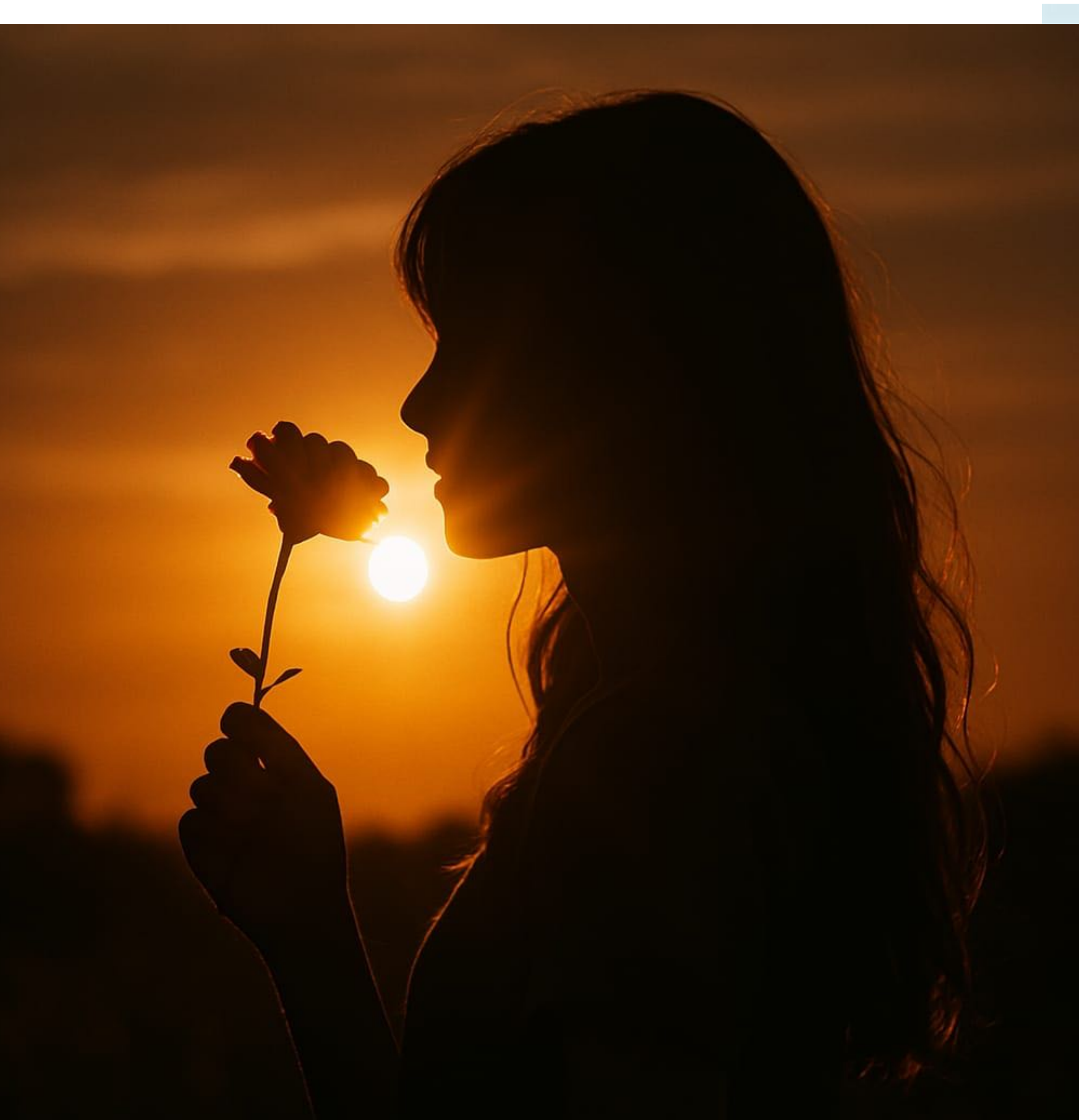
Lighting




None

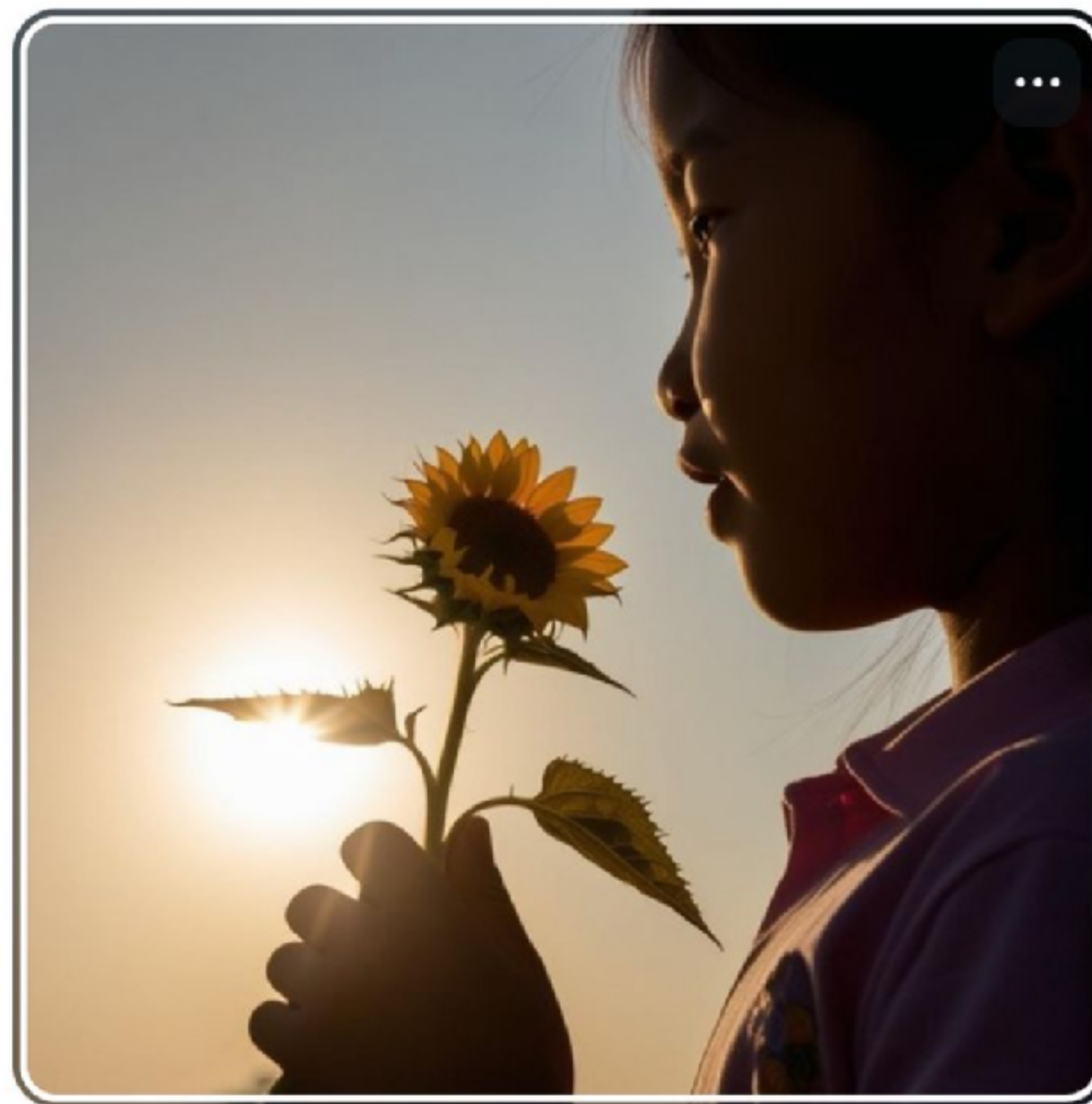






 Styles

 Square



Some rules apply when using these images. [Learn more](#)

We're evolving this new technology with you so please report



and



Uploads



Tools



Projects



Apps



Magic Media

















What data bases can you connect to?

Do you have a knowledge base?

**Can you be more efficient, flexible or
scalable with AI?**

A man wearing a blue helmet and a blue vest with the word 'PRESS' on it, looking directly at the camera with a serious expression. The background is a solid blue color.

**What are the ethical
issues for you?**

A blue-tinted photograph of a group of people standing in a line, viewed from behind. A man in a red sweater and jeans is smiling and looking back over his shoulder at the camera. The word "BIAS" is overlaid in white text on the center of the image.

BIAS



**We're using
AI instead
of biased humans**



**What did you
train the AI on?**



**What did you
train the AI on?**



HALLUCINATION

ChatGPT is making up fake Guardian articles. Here's how we're responding

Chris Moran



The risks inherent in the technology, plus the speed of its take-up, demonstrate why it's so vital that we keep track of it

● Chris Moran is the Guardian's head of editorial innovation



📷 This specific wrinkle – the invention of sources – is particularly troubling for trusted news organisations. Photograph: Nicolas Economou/NurPhoto/REX/Shutterstock

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Technology

New York Times sues Microsoft and OpenAI for 'billions'

🕒 27 December 2023





Lawyer Says Studio Ghibli Could Take Legal Action Against OpenAI

OpenAI could be "blurring the line between homage and outright misrepresentation."

/ Artificial Intelligence / Artificial Intelligence / Chatgpt / Copyright



A simple prompt structure



ROLE



TASK



CONTEXT



FORMAT